



PACK WITH A PURPOSE

HOW TO PACK THE BOX

WHAT YOU'LL NEED

- The Box
- Packing Tape
- Food bought from your **Shopping List**
- Prepaid shipping label (included with your box)



HOW IT WORKS



SHOP FOR THE ITEMS

Make sure to shop safely in-person or online, using only items on the shopping list [here](#) (estimated cost is up to \$20 to fill a box).



CONSTRUCT THE BOX

Using packing tape, make sure to seal the bottom of your box, leaving the top open for packing.



PACK THE BOX [Watch Video Here](#)

Remember to place the *container of quick oats* in the corner of the box first, then your cans, jars, and boxes. Once filled, make sure the top of the box can close flat.



SEAL THE BOX

Place your provided pre-paid shipping label on the top of the outside of the box. The box is now ready to mail!



DROP OFF THE BOX

Find your nearest FedEx location here:
www.fedex.com/en-us/shipping/dropbox.html